

WRIISC PROVIDER AVAILABLE EDUCATION COLLECTIONS:

Accredited with Descriptions

To facilitate VA provider/staff access and uptake of learning, we have organized our available curricula into “Collections.” Each collection has also been given a stylized “thumbnail” which will appear in TMS to again increase both awareness ease of search/access.

Notes:

- 1) The On-Demand E-Learning is listed as its own collection. Appropriate modules are also listed as part of other relevant collections. Webinar curricula is listed in each collection accordingly: educational level > most current.
- 2) Once a webinar is hosted “live”, curriculum is available on WRIISC SharePoint site until it completes “enduring” accreditation process (which takes approximately 3 months) at which time appropriate TMS links will be added to the document.*
- 3) Curriculum not accredited as enduring, is only accessible on SharePoint.**
- 4) Archived non-accredited curricula available in SharePoint (w/o recording) due to removal of Flash outdated technology.***

WRIISC-HOME ACCREDITED COLLECTIONS

Note: All accredited curricula offer one (1) CEU of contact hour credit unless otherwise noted. ** PRIMARY COLLECTION FOR CROSS-LISTED TRAINING.**

- [COLLECTION 1: On-Demand Curricula in Post-Deployment Health](#)
(Essential post-deployment health curriculum which equips providers and community affiliates with the critical knowledge needed to address Veterans unique health concerns and provide recommendation for Veteran care and management).
- [COLLECTION 2: Airborne Hazards](#)
(Provides clinicians with the knowledge needed to identify and understand deployment-related airborne and burn-pit hazard concerns of Veterans).
- [COLLECTION 3: Exposures](#)
(Increases knowledge on how to recognize the role and importance of deployment related exposure assessment, identify steps for determining deployment related environmental exposures, provide available post deployment health resources, and describe approaches to communicating deployment related exposure issues to Veterans, their caregivers, and their family members).
- [COLLECTION 4: Gulf War Illness](#)
(Provides the knowledge needed to identify, diagnose, manage and appropriately treat Gulf War illness in Veterans and to become familiar with and be able to apply the VA-DoD Clinical Practice Guideline for Chronic Multi Symptom Illness as it can be applied to Gulf War Illness).
- [COLLECTION 5: Chronic Multi-symptom Illness](#)
(Provides insight into chronic multi-symptom illness including the incidence in civilian and military populations, defining characteristics and the latest resources and management strategies to consider for care).
- [COLLECTION 6: Whole Health/Integrative Functional Medicine](#)
(Increases knowledge about functional and integrative medicine and provides tools on various approaches that can improve Veteran care).
- [COLLECTION 7: Cognitive & Psychological Health](#)
(Provides insight about Veteran combat experiences, mental health issues and therapy approaches and services to support Veteran care).
- [COLLECTION 8: Special Topics](#)
(Encompasses a range topics, perspectives and recommendations to improve Veteran care).

COLLECTION 1: On-Demand Curricula in Post-Deployment Health



Total CEUs for the On-Demand Series = 5.75 Credits



MODULE 1

Assessing Deployment Related Environmental Exposures

90 Minutes = 1.50 CEUs

[TRAIN: ID: 1070234](#)

[TMS: ID: 33195](#)

Intends to increase clinician knowledge and to inform learners about how to recognize the role and importance of deployment related exposure assessment, identify steps for determining deployment related environmental exposures, provide available post deployment health resources, and describe approaches to communicating deployment related exposure issues to Veterans, their caregivers, and their family members.



MODULE 2

Airborne Hazards

60 Minutes = 1.0 CEU

[TRAIN: ID: 1070422](#)

[TMS: ID: 33405](#)

Provides clinicians with the knowledge needed to identify and understand deployment-related airborne hazards concerns of Veterans.



MODULE 3

Gulf War Illness

60 Minutes = 1.0 CEU

[TRAIN: ID: 1074205](#)

[TMS: ID: 34572](#)

Provides health care providers with the knowledge needed to identify, diagnose, manage and appropriately treat Gulf War illness in Veterans and to become familiar with and be able to apply the VA-DoD Clinical Practice Guideline for Chronic Multi Symptom Illness as it can be applied to Gulf War Illness.



MODULE 4

Chronic Multi-symptom illness

75 Minutes = 1.25 CEUs

[TRAIN: ID: 1084440](#)

[TMS: ID: 38029](#)

Offers healthcare professionals an opportunity to gain insight into chronic multi-symptom illness including the incidence in civilian and military populations, defining characteristics and the latest resources and management strategies to consider for care.

MODULE 5:

Depleted Uranium and Toxic Embedded Fragments

60 Minutes = 1.0 CEU

[TRAIN: ID: 1087697](#)

[TMS: ID: 39365](#)

Provides health care professionals with knowledge about the current research on health effects in Depleted Uranium or DU-exposed (Pronounced D-U) populations, information about enrolling Veterans with suspected DU or toxic embedded fragments (TEF) fragments into VA registry programs, and guidance about the clinical approach to Veterans with TEF.



COLLECTION 2: Airborne Hazards



WEBINARS

INTRODUCTORY LEVEL COURSES***

- **WRIISC-HOME Enhanced Implementation of the Burn Pit Registry Clinical Evaluation** (November 9, 2021) [TMS: ID 131001549](#) [TRAIN: ID 1101594](#)

Anays Sotolongo, MD - NJ WRIISC; Drew Helmer, MD - IQuEST; Kyler Godwin, PhD; IQuEST

Increases understanding of Airborne Hazards and Open Burn Pit Registry (AHOBPR) exams and identifies best practices for integrating AHOBPR exams into the broader context of the AHOBPR and clinical care.

- **VA's Airborne Hazards and Burn Pits Center of Excellence: Evaluating Dyspnea** (September 24, 2019): Mike Falvo, PhD - NJ WRIISC; Anays Sotolongo, MD - NJ WRIISC Provides healthcare teams with diagnostic information, potential causes in Veterans, and insight on best practices for improved clinical evaluation for unexplained dyspnea. https://bcove.video/2LRL7vf**

INTERMEDIATE LEVEL COURSES

- **WRIISC-HOME Southwest Asia Deployment Associated Lung Disease: Diagnostic Challenges:** (July 12, 2022): Anays Sotolongo, MD: NJ WRIISC & AHBPC Silpa Krefft, MD, MPH: CO VA ECHCS John Osterholzer
- **WRIISC-PDHS Respiratory Issues of Returning Combat Veterans** (March 9, 2021): [TMS: ID# 44408](#) [TRAIN: ID# 1098250](#)
Michael J. Falvo, PhD, RCEP - NJ WRIISC; Anays Sotolongo, MD - NJ WRIISC
Offers providers a better understanding of respiratory issues that concern returning combat Veterans and elaborates on known clinical methods that are optimal for evaluating them.

WRIISC PROVIDER AVAILABLE EDUCATION_COLLECTIONS: ACCREDITED & NON-ACCREDITED CURRICULA _ NO DESCRIPTIONS

- **WRIISC-PDHS The Airborne Hazards & Open Burn Pit Registry Follow-up Exam: What We've Learned (July 14, 2020):**
TMS: ID# [43714](#) TRAIN: ID# [1098312](#)
Michael J. Falvo, PhD, RCEP - NJ WRIISC; Eric Shuping, MD, MPH, FAAFP - HOME; Anays Sotolongo, MD - NJ WRIISC
Focuses on AHOBPR clinical exams and more advanced evaluations occurring at the Airborne Hazards and Burn Pits Center of Excellence (AHBPCE).
[https://bcove.video/3glE4KG*](https://bcove.video/3glE4KG)
<http://va-eerc-ees.adobeconnect.com/pgtsivzwp6iv/>

COLLECTION 3: Exposures



WEBINARS

INTRODUCTORY LEVEL COURSES***

- **WRIISC-HOME Infectious Diseases, Vaccinations, Antimalarials (March 8, 2022): TMS ID: [131003314](#) TRAIN ID: [1103340](#)**
John P. Barrett, MD, MPH, MS, FAAFP, FACPM - DC WRIISC; Michelle Kennedy Prisco, MSN, ANP-C - DC WRIISC; Peter D. Rumm, MD, MPH, FACPM-HOME
Review and discuss Gulf War infectious diseases, common vaccine and biochemical warfare concerns of deployed Veterans; Discuss research and potential health effects; Highlight useful clinical resources.
<http://va-eerc-ees.adobeconnect.com/pc1k7af0aqlb/>
- **WRIISC-HOME Individual Longitudinal Exposure Record and Exposure Assessments: 75 Minutes = 1.25 CEUs (January 11, 2022):**
TMS ID: [131002496](#) TRAIN ID: [1102471](#)
John Barrett, MD, MPH, MS - DC WRIISC; Michelle Kennedy Prisco, MSN, ANP-C - DC WRIISC; Eric Shuping, MD, MPH – HOME; Larry Vandergrift – DoD
Educates providers and registry clinicians on VA/DoD Military Occupational and Exposure Assessments for Veterans and use of the ILER.
<http://va-eerc-ees.adobeconnect.com/p2gnmz44bfo0/>
- **WRIISC-HOME Hot Topics in Environmental Exposures: Lead, Anti-Malarials and K-2: Introductory (September 14, 2021):**
TMS ID: [131001987](#) TRAIN ID: [1102355](#)
Patricia Hastings, DO, MPH - HOME; Peter D. Rumm, MD, MPH - HOME; Eric Shuping, MD - HOME
Supplies the Veteran community with best practices to properly address military exposures with heightened concern.
<http://va-eerc-ees.adobeconnect.com/p455kmhwcpnz/>
- **WRIISC-PDHS VA Telehealth Use: Environmental Health Registry Telehealth Services (May 11, 2021):**
TMS: ID# [45123](#) TRAIN: ID [1101010](#)
Michelle Robertson, MD, MPH - NJ WRIISC; Peter D. Rumm, MD, MPH -HOME
Discusses telehealth use in health care, and in particular - environmental health registries. Elaborates on these registries as a means to increase Veteran access to VA care.
- **Introduction to the National Environmental Health Program - Relevance to Veteran Care (November 27, 2018):**
Jerrold Flyer, MD, MA - Boise VAMC; Sandra Gracia-Lopez, MD, DABNM, DABNC - VISN 8; Peter D. Rumm, MD, MPH - HOME; Shanna Smith, DrPH, MPH - HOME; Rudy Tacoronti, MD, MPH, CMRO, CDME, ACME - Atlanta VAMC; Douglas Turner, MSA, MCP, MCSA, MCSE - Pittsburgh VAHS

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Discusses the current structure and roles of PDHS/WRIISC and reviews the registry exam process, the structure of environmental health clinics, and the roles that key staff play in those clinics.

<https://bcove.video/389IGTh>**

- **Agent Orange and Vietnam Veterans (July 17, 2018):**

Marybeth Heffernan, MSN, RN, APN-C - NJ WRIISC; Michelle Prisco, MSN, ANP-C - DC WRIISC; Peter Rumm, MD, MPH - HOME

Explains the history of Agent Orange (AO), what Agent Orange is, the potential health risks associated with this exposure, and what and how presumptions for Agent Orange disease are determined are reviewed. Agent Orange resources are introduced. Plus, how to conduct a good history and physical exam that addresses Vietnam Veterans' Agent Orange concerns as well as ongoing Agent Orange research is discussed.

<https://bcove.video/3nmW7oj>**

INTERMEDIATE LEVEL COURSES

- **WRIISC-HOME Exposure Concerns and Autoimmune Diseases (May 10, 2022):**

TMS: ID#: [131004084](#) TRAIN: ID#: [1104566](#)

Omowunmi Osinubi, MD, M.Sc., MBA, FRCA: NJ WRIISC Edward Shadiack, DO, MPH, CPH: NJ WRIISC

Develops awareness of diseases of autoimmunity and explores in detail extrinsic genetic and environmental contributions (specifically epigenetic contributions) to them to better address Veteran health concerns.

<https://bcove.video/3FCXujv>*

- **WRIISC-HOME Garrison Exposures: Camp Lejeune, Fort McClellan & PFAS: 75 Minutes = 1.25 CEUs**

(June 8, 2021):

TMS: ID# [45406](#) TRAIN: [ID# 1101050](#)

Omowunmi Osinubi, MD, MSc, MBA, FRCA, ABIHM, IFM-CP - NJ WRIISC; Michelle Robertson, MD, MPH - NJ WRIISC; Terra Vincent, PhD – HOME

Provides further supportive training on military or garrison exposures.

<http://va-eerc-ees.adobeconnect.com/px65pfiqc7qa/>

- **WRIISC/PDHS Science and Policy Updates: Vietnam, GW 1 Vets & their Descendants:**** (90 Minutes = 1.5 CEUs)**
(May 12, 2020):

TMS: [ID# 43507](#) TRAIN: [ID# 1100998](#)

Michele Robertson, MD, MPH – NJ WRIISC; Peter D. Rumm, MD, MPH – HOME

Provides an update of science and policies on Agent Orange and Gulf War I exposures, including those resulting from the latest National Academy of Medicine reports focusing on Intergenerational effects and benefits, and presumptives for Veterans.

- **Chemical Warfare Agents and Weaponized Toxic Industrial Chemical Exposure (December 10, 2019):**

TMS: ID# [42215](#) TRAIN: ID# [1098317](#)

Presenter: Eric Shuping, MD, MPH, FAAFP – HOME

Discusses treatment options and available resources to assist those Veterans who were exposed to chemical warfare agents during deployment in Iraq.

<https://bcove.video/2AP0FjR>*

- **Post Deployment Health Services: Epidemiology Research Update (July 16, 2019):**

William Joel Culpepper II, PhD, MA - HOME; Aaron Schneiderman, PhD, MPH, RN - HOME

Provides a basic understanding of epidemiology and highlights the work of the Post Deployment Health Services Epidemiology Program.

<https://bcove.video/3aalN3K>**

COLLECTION 4: Gulf War Illness



WEBINARS

INTRODUCTORY LEVEL COURSES***

- **Gulf War Illness and Pain (June 11, 2019):**

Peter Bayley, PhD - CA WRIISC; Louise Mahoney, MS, RYT, C-IAYT - CA WRIISC
Reviews the rationale for using yoga to treat GWI, presents recent findings from a GWI study that compared a standard pain treatment (Cognitive Behavioral Therapy) to that of yoga and discusses its results and benefits from the symptoms of GWI for these two markedly different behavioral interventions.

https://bcove.video/34c05a4**

INTERMEDIATE LEVEL COURSES

- **WRIISC-PDHS The Effectiveness of Health Coaching: An Intervention for Veterans with Multi-symptom Illness (August 11, 2020):**

TMS: ID# [43743](#) TRAIN: ID# [1098323](#)

Trisha Nakano Bhagen CNS, NBC-HWC, MS, MA – DC WRIISC; Walt Jachimowicz MSN, RN, CNL – DC WRIISC; Keri Maloney NBC-HWC, MA – DC WRIISC

Examines the hypothesized effectiveness of a Veteran-centered clinical health coaching intervention which incorporated self-discovery, education, goal setting, and accountability to significantly improve physiological, behavioral, psychological, and social outcomes in Veterans with multi-symptom illnesses.

https://bcove.video/2Zvbd20*

<http://va-eerc-ees.adobeconnect.com/pvzc190mlmf1/>

- **WRIISC-PDHS Results of a Clinical Trial of Problem-Solving Treatment for GWI (June 9, 2020):**

TMS: ID# [43769](#) TRAIN: [ID 1101049](#)

Lisa McAndrew, PhD - NJ WRIISC; David Litke, PhD - NJ WRIISC

Reports the results and implication for treatment from a multi-site clinical trial of problem-solving treatment for Gulf War.

https://bcove.video/3bZ2XgV*

<http://va-eerc-ees.adobeconnect.com/pdtw5z7drv01/>

- **WRIISC/PDHS Science and Policy Updates: Vietnam, GW 1 Vets & their Descendants: (90 Minutes = 1.5 CEUs) (May 12, 2020):**

TMS: ID# [43507](#) TRAIN: ID# [1100998](#)

Michele Robertson, MD, MPH – NJ WRIISC; Peter D. Rumm, MD, MPH – HOME Provides an update of science and policies on Agent Orange and Gulf War I exposures, including those resulting from the latest National Academy of Medicine reports focusing on Intergenerational effects and benefits, and presumptives for Veterans.

https://bcove.video/2ZvmPls*

<http://va-eerc-ees.adobeconnect.com/pdn5unxpzt93/>

COLLECTION 5: Chronic Multi-symptom Illness



WEBINARS

INTRODUCTORY LEVEL COURSES***

- **WRIISC-HOME Behavioral Health Treatment for Medically Unexplained Symptoms (October 19, 2021):** [TMS:ID:131002156](#)
[TRAIN: ID: 1101306](#)

Autumn Gallegos Greenwich, PhD; Canandaigua VA Medical Center, Chana B. Krupka, PhD; Advanced Fellow: NJ WRIISC, Lisa McAndrew, PhD; NJ WRIISC

Teaches behavioral health providers a trans-theoretical approach to recognizing, developing rapport, and treating MUS that they can integrate into their existing behavioral health practice.

- **WRIISC/PDHS Fibromyalgia and Veteran Care (March 10, 2020):** [TMS: ID# 43889](#) [TRAIN: ID 1098289](#)

Omowunmi Osinubi, MD, M.Sc., MBA, FRCA, ABIHM - NJ WRIISC, Edward Shadiack, DO - NJ WRIISC

Covers the history of Fibromyalgia, a comparison of the diagnostic criteria currently available, a discussion of the purported pathophysiology, and a review of treatment options.

<https://bcove.video/2ZDDeVj>*

INTERMEDIATE LEVEL COURSES

- **WRIISC-PDHS The Effectiveness of Health Coaching: An Intervention for Veterans with Multi-symptom Illness**** (August 11, 2020):**

[TMS: ID# 43743](#) [TRAIN: ID# 1098323](#)

Trisha Nakano Bhagen CNS, NBC-HWC, MS, MA - DC WRIISC; Walt Jachimowicz MSN, RN, CNL - DC WRIISC; Keri Maloney NBC-HWC, MA - DC WRIISC

Examines the hypothesized effectiveness of a Veteran-centered clinical health coaching intervention which incorporated self-discovery, education, goal setting, and accountability to significantly improve physiological, behavioral, psychological, and social outcomes in Veterans with multi-symptom illnesses.

Trisha Nakano Bhagen CNS, NBC-HWC, MS, MA – DC WRIISC; Walt Jachimowicz MSN, RN, CNL – DC WRIISC; Keri Maloney NBC-HWC, MA – DC WRIISC

<https://bcove.video/2Zybd20>*

<http://va-eerc-ees.adobeconnect.com/pvzc190mlmf1/>

- **WRIISC-PDHS Results of a Clinical Trial of Problem-Solving Treatment for GWI (June 9, 2020):**

[TMS: ID# 43769](#)

Gulf War Illness is a complex post-deployment health condition that causes significant disability. Little is known about behavioral treatments for Gulf War Illness. This webinar reports the results and implication for treatment from a multi-site clinical trial of problem-solving treatment for Gulf War.

Lisa McAndrew, PhD – NJ WRIISC; David Litke, PhD - NJ WRIISC

<https://bcove.video/3bZ2XgV>*

<http://va-eerc-ees.adobeconnect.com/pdtw5z7drv01/>

- **Integrative Health/Functional Medicine Approaches to CMI/GWI (May 14, 2019):**

Sharon Democker, MD - DC WRIISC; Serena Satcher, MD, FAAPMR - NJ WRIISC

Explains the mechanism for evaluating CMI/GWI and the importance of applying optimal management strategies using the Functional Medicine Matrix with the Whole Health Model.

<https://bcove.video/2WbmK3A>**

- **Problem-solving Therapy for Cognitive Dysfunction after Deployment (August 9, 2016):**

David Litke, PhD - NJ WRIISC; Lisa McAndrew, PhD - NJ WRIISC

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Identifies the evidence for the use of Problem-Solving Therapy to address cognitive problems and improve Veteran functioning. It also teaches how to apply elements of Problem-Solving Therapy research findings into current mental health and cognitive remediation practices.

https://bcove.video/3qZnCiq**

COLLECTION 6: Whole Health/Integrative Functional Medicine



WEBINARS

INTRODUCTORY LEVEL COURSES***

- **WRIISC-HOME Applying Health Coaching Strategies to Clinical Care (June 14, 2022):** Walt Jachimowicz, MSN RN CNL NBC-HWC – DC WRIISC; Rebecca McCullers, RN, RYT, NBC-HWC - DC WRIISC
- **WRIISC-HOME Yoga and Meditation for Veterans' Healing, Health, and Well-Being (April 12, 2022):**

TMS: ID# [131003753](#) TRAIN: [1103852](#)

Peter J Bayley, PhD - CA WRIISC; Caro Fenno, E-RYT - CA WRIISC

Acknowledged as effective healing and preventive care programs in the Whole Health Model, yoga, meditation and mindfulness are well-established in the VA Palo Alto Clinical Yoga Program and offers research and benefits for Veterans.

http://va-eerc-ees.adobeconnect.com/pefn55vr0rj2/*

- **WRIISC-PDHS Lifestyle Factors and Brain Blood Flow Regulation (July 13, 2021):** TMS: ID# [44907](#) TRAIN: [ID 1100307](#)

Jennifer Jennings, MD- CA WRIISC; Kamila Migdal, BA, PhD - DC WRIISC

Overview of Best practices for Veterans to improve cerebrovascular health and brain blood flow regulation by lowering sodium intake, increasing exercise, and maintaining proper hydration.

- **Whole Health Approach to Post Deployment Health Care (February 26, 2019):**

Janet Carter, PharmD, LAC - HOME; Heliana Ramirez, PhD, LISW - CA WRIISC

Explains how the Office of Patient Centered Care is at the forefront of transforming the way VA health care is striving to fulfill- not only Veterans' health, but also their Whole Health well-being.

https://bcove.video/3gKTvyd**

- **Integrative Health/Functional Medicine Approaches to CMI/GWI (March 20, 2018):**

Sharon Democker, MD - DC WRIISC; Serena Satcher, MD, FAAPMR - NJ WRIISC

Covers Gulf War Illness/Chronic multi-symptom illness including recognizing and treating the common symptoms of widespread pain, fatigue, sleep, headache and GI issues.

https://bcove.video/2WbmK3A**

- **Integrative Medicine Approaches to Post Deployment Health (August 8, 2017):**

Sharon Democker, MD - DC WRIISC

Evidence-based treatment options are offered to providers for common post-deployment health concerns like pain, sleep issues, GI problems, and PTSD by utilizing an Integrative Medical approach and discussion on how to evaluate them with Veterans are provided.

https://bcove.video/3o1Qmwd**

- **Military Cultures- Experience. Reintegration and Whole Health**

(July 28, 2017):

TMS: [ID# 33979](#) TRAIN: ID# [1072371](#)

Carol Ramsey-Lucas, Chaplain - Trauma Services (DCVAMC); Jennifer Cho, MSW - Trauma Services (DCVAMC)
Educates VA staff about Veteran military life, what life is like after deployment, and what VA and community health care providers should know about military service so that they can provide optimal health care for Veterans within the context of a whole health approach.

INTERMEDIATE LEVEL COURSES

- **Food and Cognition: The Interplay of Nutrition and Neuroscience** (November 12, 2019):

TMS: ID# [43930](#) TRAIN: ID# [1098315](#)

Trisha Nakano Bhagen, CNS, NBC-HWC, MS, MA, - DC WRIISC; Kyle J. Jaquess, PhD - DC WRIISC

The physical, energetic, and emotional effects of food from a neurological and nutritional perspective which many Veterans with chronic multi-symptom illness need to address their mood dysregulation, lack of mental clarity and fatigue in order to establish both realistic goals and action steps to improve their health are discussed in this webinar.

Trisha Nakano Bhagen, CNS, NBC-HWC, MS, MA, - DC WRIISC; Kyle J. Jaquess, PhD - DC WRIISC

<https://bcove.video/3eevXPx>*

- **A Medical Nutrition Therapy Approach to Post-Deployment GI Health Management** (October 29, 2019):

TMS: ID# [41837](#) TRAIN: [ID 1101000](#)

Lindsey Proctor, MS, RDN, LDN - CA WRIISC

Introduces FODMAP, a diet which better educates VA providers and healthcare teams on how, with increased collaboration with dietitians, this approach can potentially help Veterans reduce unpleasant Gastrointestinal (GI) symptoms.

<https://bcove.video/2XE8CAr>*

<http://va-eerc-ees.adobeconnect.com/pblyg7rwee4r/>

COLLECTION 7: Cognitive & Psychological Health



WEBINARS

INTRODUCTORY LEVEL COURSES***

- **WRIISC-HOME Cognitive Behavioral Therapy for Insomnia: What you need to know** (February 8, 2022):

TMS: [131002841](#) TRAIN: ID# [1102948](#)

Ansgar J. Furst, MSc, PhD - CA WRIISC; Donn Posner, PhD, CBSM, DBSM - CA WRIISC

Clinical research on CBT-I has shown that it is much more than a treatment for insomnia. Discusses an ongoing VA-funded clinical trial that uses CBT-I for

Veterans.

<http://va-eerc-ees.adobeconnect.com/pg5ivsfprix/>

- **WRIISC-HOME Toward Zero Harm: Addressing Mental Health Misdiagnoses in Veterans** (December 14, 2021):

TMS#: [131002156](#) TRAIN: [ID 110202](#)

Kelly McCarron, PsyD - NJ WRIISC; Mikayla McAdams, PMHNP-BC - NJ WRIISC; Lisa Pickett, LCSW - NJ WRIISC; Samantha Varon - NJ WRIISC

Teaches behavioral health providers a trans-theoretical approach to recognizing, developing rapport and treating MUS that they can integrate into their existing behavioral health practice.

- **WRIISC-PDHS Advances in Brain Stimulation Therapies to Boost Veteran Mental Health** (November 10, 2020):

TMS: ID# [43511](#) TRAIN: ID# [1096332](#)

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Maheen Mausoo Adamson, PhD - VA Palo Alto HCS Defense and Veterans Brain Injury Center (DVBIC); Jennifer Jennings, MD - CA WRIISC; Michelle Madore, PhD - VA Palo Alto HCS National Clinical TMS Program
Introduction of Repetitive Transcranial Magnetic Stimulation (TMS), a non-invasive FDA approved treatment for refractory depression. Directed towards increasing knowledge on how rTMS has been shown to clinically improve Veterans depression at the CA WRIISC site.

- **PDHS/WRIISC: Gender Differences in Symptoms and Functional Outcomes in Veterans with TBI (February 11, 2020):**
TMS: ID# [43712](#) TRAIN: ID# [1098320](#)
Maheen Mausoo Adamson, PhD - VA Palo Alto HCS Defense and Veterans Brain Injury Center (DVBIC); Jennifer Jennings, MD - CA WRIISC
Provides interdisciplinary audiences and healthcare teams insight and raises awareness of differences in the way Traumatic Brain Injury (TBI) is experienced in men and women. It also looks at how social constructs as well as physiological differences affect the success of diagnosing and treating TBI.
- **Psychosocial Stressors, Strength and Resilience of Combat Veterans (January 14, 2020):**
TMS: ID# [43710](#) TRAIN: ID# [1098329](#)
Lisa Pickett, LCSW - NJ WRIISC; Rachel Stewart, PhD, LCSW - DC WRIISC
Provides insight into the psychosocial barriers affecting post-deployment health, as well as the strengths and resources that can maximize combat Veterans' well-being.
- **Problem-solving Therapy for Cognitive Dysfunction after Deployment (August 9, 2016):**
David Litke, PhD - NJ WRIISC; Lisa McAndrew, PhD - NJ WRIISC
Identifies evidence for the use of Problem-Solving Therapy to address cognitive problems and improve Veteran functioning. It also teaches how to apply elements of Problem-Solving Therapy research findings into current mental health and cognitive remediation practices.
https://bcove.video/3qZpCiq**

INTERMEDIATE LEVEL COURSES

- **WRIISC-PDHS Clinical Practice Guidelines for PTSD: An Update from 2019 (August 10, 2021):** Wes Ashford, MD - CA WRIISC; Steve Woodward, PhD - National Center for PTSD
Discusses PTSD and provides current best practice treatments and guideline updates known since 2019 (including psychotherapy and other interventions) to improve clinicians intervention tool kits and knowledge.
<http://va-eerc-ees.adobeconnect.com/paczdw7v1w4i>
- **WRIISC-PDHS Military Sexual Trauma: Past, Present and Future (September 8, 2020):**
TMS: ID# [43756](#) TRAIN: ID# [1098237](#)
Leah N. Eizadi, MSN, FNP-C-CA WRIISC; Julie C Weitlauf, PhD - CA WRIISC
Discusses Military Sexual Trauma (MST) and its available resources for Veterans and their Providers impacted by it.
- **WRIISC-PDHS Deployment-Related Mental Health and Neurocognitive Concerns (April 20, 2020)**
TMS: ID# [43888](#) TRAIN: ID# [1098326](#)
Ryan Brewster, PhD - DC WRIISC; Kelly McCarron, PsyD - NJ WRIISC; Marina Veltkamp, PhD - DC WRIISC
Provides an overview of deployment-related mental health and brain health concerns, discusses how to screen for symptoms, and offers information on where to refer for additional services.
- **Food and Cognition: The Interplay of Nutrition and Neuroscience (November 12, 2019):**
TMS: ID# [43930](#) TRAIN: ID# [1098315](#)
Trisha Nakano Bhagen, CNS, NBC-HWC, MS, MA - DC WRIISC; Kyle J. Jaquess, PhD - DC WRIISC

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The physical, energetic, and emotional effects of food from a neurological and nutritional perspective which many Veterans with chronic multi-symptom illness need to address their mood dysregulation, lack of mental clarity and fatigue in order to establish both realistic goals and action steps to improve their health are discussed.

COLLECTION 8: Special Topics



WEBINARS

INTRODUCTORY LEVEL COURSES***

- **WRIISC-PDHS Communication about Exposures & Deployment Related Health Concerns (February 9, 2021):**

TMS: ID# [44119](#) TRAIN: ID# [1098233](#)

Lisa McAndrew, PhD – NJ WRIISC; Susan L. Santos, PhD, MS – NJ WRIISC*

Provides Providers with guidance on specific adaptable communication strategies (including those exacerbated by COVID-19), opportunities and

challenges when speaking with Veterans on exposure and other post-deployment health concerns and presents a model of communication for all Providers.

<https://bcove.video/2MKiTha>*

- **WRIISC-PDHS Mobile Health Apps to Supplement Care**

(January 12, 2021):

TMS: ID# [43946](#) TMS ID# [1098251](#)

Timothy J. Avery, PsyD - NCPTSD, Dissemination & Training Division (Menlo Park)

Basic functionality of VA mobile mental health apps, case usage, and Veteran frameworks for evaluating the healthcare benefits of such apps are discussed.

<https://bcove.video/3sdwatx>*

- **Introduction to Post Deployment Health Services - War Related Illness & Injury Study Center (HOME - WRIISC) (October 24, 2017):** J. Wesson (Wes) Ashford, MD, PhD - CA WRIISC; Drew Helmer, MD, MS - NJ WRIISC; Matthew (Matt) Reinhard, PsyD, - DC WRIISC

Introducing The War Related Illness and Injury Study Center (WRIISC), a National VA Post-Deployment Health Resource dedicated to Veterans' post-deployment health concerns and unique health care needs. This webinar highlights WRIISC's development and provision of post-deployment health expertise to Veterans and their health care providers through clinical care, research, education, and risk communication and partnering with referring providers and their healthcare teams to support post-deployment care of Veterans.

<https://bcove.video/3niXtk5>**

- **Military Cultures- Experience. Reintegration and Whole Health (July 28, 2017):**

TMS: ID# [33979](#) TRAIN: ID# [1072371](#)

Carol Ramsey-Lucas, Chaplain - Trauma Services (DCVAMC); Jennifer Cho, MSW - Trauma Services (DCVAMC)

Educates VA staff about Veteran military life, what life is like after deployment, and what VA and community health care providers should know about military service so that they can provide optimal health care for Veterans within the context of a whole health approach.

INTERMEDIATE LEVEL COURSES

- **WRIISC-PDHS Institutional Betrayal & Courage in Addressing Veteran Exposure Concerns: 75 Minutes = 1.25 CEUs (October 27, 2020):**

TMS: ID# [43373](#) TRAIN: ID# [1096883](#)

Kelly McCarron, PsyD - NJ WRIISC; Omowunmi Osinubi, MD, MSc, MBA, FRCA, ABIHM, IFM-CP - NJ WRIISC; Michelle Robertson, MD, MPH - NJ WRIISC; Susan L Santos, PhD, MS - NJ WRIISC

WRIISC PROVIDER AVAILABLE EDUCATION_COLLECTIONS: ACCREDITED & NON-ACCREDITED CURRICULA _NO DESCRIPTIONS

Provides information and knowledge on the concepts of moral injury, institutional betrayal, and institutional courage as applied to exposure concerns and the health care of Veterans to help providers respond to institutional concerns in a way that builds rapport and promotes institutional courage.

- **WRIISC-PDHS Military Sexual Trauma: Past, Present and Future (September 8, 2020):**
TMS: ID# [43756](#) TRAIN: ID# [1098237](#)
Leah N. Eizadi, MSN, FNP-C - CA WRIISC; Julie C Weitlauf, PhD - CA WRIISC
Discusses Military Sexual Trauma (MST) and its available resources for Veterans and their Providers impacted by it.
- **Post Deployment Health Services: Epidemiology Research Update (July 16, 2019):**
William Joel Culpepper II, PhD, MA - HOME; Aaron Schneiderman, PhD, MPH, RN - HOME
Discusses MST, its available resources for Veterans and their Providers impacted by it.
https://bcove.video/3aalN3K**
- **Sexual Functioning in Veterans: Commonly Reported Difficulties, Dysfunctions and Disorders (January 23, 2018):**
Kelly McCarron, PsyD - NJ WRIISC; Drew Helmer, MD, MPH - NJ WRIISC; Julie Weitlauf, PhD - CA WRIISC
Narrows the knowledge gap in assessing and addressing the sexual functioning needs of Veterans by using a biopsychosocial model of sexual functioning and provides a starting point toward building an ethical, informed, and sex-positive clinical practice responsive to the multifaceted sexual functioning needs of our diverse Veteran population.
https://bcove.video/3niXLHH**

Available **Early Registration Opportunities** for Upcoming WRIISC-PDHS FY22 Webinars:

INTRODUCTORY LEVEL COURSES

CHRONIC MULTI-SYMPTOM ILLNESS

- **WRIISC-HOME Health Coaching for Veterans with Complex Pain (August 9, 2022):** Lisa McAndrew, PhD - NJ WRIISC; Nicole Sullivan, PhD - NJ WRIISC

To Register: Non-VA employees [TRAIN](#) VA employees [TMS](#)



QR Code

GULF WAR ILLNESS

- **WRIISC-HOME Can Integrative Health Interventions Help GW1 Veterans? (September 13, 2022):** Charity Breneman, PhD, MSPH -DC WRIISC; Matt Reinhard, PsyD - DC WRIISC

To Register: Non-VA employees [TRAIN](#) VA employees [TMS](#)



QR Code

ENDURING CURRICULUM ACCESS: Go to VA's Talent Management (TMS) Home Page on the date of each event. Click on "Learning" then scroll down and enter "WRIISC" in the find learning box to locate the training by title and for the LIVE access link. LIVE access is also available on VHA's TRAIN Learning Network <https://www.train.org/main/search?type=course> by conducting the same search.

SHAREPOINT CURRICULM ACCESS: Go to [WRIISC Webinars - WRIISC-PDHS-2021-Webinar-Series - All Documents \(sharepoint.com\)](#)