# ARE YOU A VETERAN WITH CHRONIC PAIN? IS IT AFFECTING YOUR LIFE?

#### **Purpose**

Chronic pain is one of the most common healthcare issues that Veterans face. We are conducting a study where we hope to learn whether a remote-delivered health coaching intervention will reduce disability and impairment caused by chronic pain compared to receiving attentional control.



### Study Details

Seeking Veterans who experience chronic pain such as muscle/joint pain or widespread pain. Veterans can participate in the study in-person or completely remotely. If you qualify and choose to take part, you will:

- Receive 12, ~1 hour remote-delivered sessions of either Health Coaching Treatment or Attentional Control with a Study Provider.
- Complete 4 questionnaire packets over 6-month period
- Compensation is available.

#### Location

We are enrolling Veterans from anywhere in the U.S.

PI: Lisa McAndrew, Ph.D. War Related Illness and Injury Study Center VA NJ Health Care System 385 Tremont Avenue, 11th floor East Orange, New Jersey 07018







U.S. Department of Veterans Affairs
Veterans Health Administration
Patient Care Services
Post-Deployment Health

VANJHCS JAN 06 2020 APPROVED

## Please call the War Related Illness & Injury Study Center and ask about the "Health Coaching CMI Study":

800-248-8005

Health Coaching CM	Health Coaching CMI	Health Coaching CM							
800-248-8005	800-248-8005	800-248-8005	800-248-8005	800-248-8005	800-248-8005	800-248-8005	800-248-8005	800-248-8005	800-248-8005
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